



Parent Coaching- Michelle Bass, LCSW

The service that I offer is parent coaching. As a parent coach, I collaborate with parents, caregivers, and families to provide evidence-based parenting education and trauma-informed parenting approaches, to be curious, proactive instead of reactive, present, and intentional, to build parental confidence, regulation, and to help them communicate more effectively for better relationships at home.

Coaching is not a medical, mental health or any other type of health service. It is not psychotherapy or mental health counseling. No diagnosis or treatment of, or advice regarding, any medical or mental health condition or illness is offered. Coaching cannot substitute for, and is not an alternative to, medical or other healthcare diagnosis and treatment when a medical or mental health condition or illness is present. Individuals are advised to seek diagnosis, treatment, and advice regarding medical or psychological conditions or illnesses from physicians and other licensed healthcare and mental health professionals.

I am a licensed clinical social worker, receiving my undergraduate social work degree at Boise State University in 2011 and my graduate degree from Northwest Nazarene University in 2017. Although I am licensed as a clinical social worker in the State of Idaho, coaching is not considered a healthcare service for which licensure is required. Health insurance companies do not reimburse coaching services. If you wish mental health assessment, counseling, or psychotherapy, then I can provide you with referrals at your request.

Please initial and sign below indicating that you understand the nature of the parenting coaching services that I offer, and that you have had the opportunity to ask any questions you might have.

1. Nature of the Relationship

_____ I understand that the parent coaching services provided by Michelle Bass of Bass Consultation and Services are educational and informational in nature. I acknowledge that my coach is acting exclusively as a coach and not as a licensed psychotherapist, counselor, or medical professional.

2. Not a Substitute for Therapy

_____ Coaching is not a replacement for counseling, psychotherapy, or mental health treatment. It should not be used in place of diagnosis or therapy. If you are currently seeing a mental health professional, it is recommended to consult them about engaging with a coach.

3. No Diagnosis or Treatment

_____ Parent coaching does not involve diagnosing or treating mental disorders. Coaches do not provide medical advice or treat any mental or physical conditions.

4. Personal Responsibility

_____ You are responsible for your own choices, actions, and results, as well as the well-being of yourself and your children during and after coaching. Any decisions made based on coaching discussions are solely yours.

5. No Guarantees

_____ While coaching supports parenting goals, specific outcomes are not guaranteed. Success depends on your effort and circumstances outside the coach's control.

6. Confidentiality & Limits

_____ Conversations and records are kept private but are not legally privileged as in therapy. Confidentiality may be broken if there is suspected abuse (child, elder, disabled), imminent risk of harm to yourself or others, or if required by a court order.

7. Waiver of Liability

_____ You release your coach from any claims or demands related to the coaching relationship or advice given. You agree to hold the coach harmless for results from the services provided.

Name (Print)	Signature	Date

Name (Print)	Signature	Date

